## **Confession**

March 16, 2014 Psalm 32, 51

## **Confession - Famous Bible Passages**

Two Famous Psalms of Confession Psalm 32; 51 Other Famous Passages James 5:13-16; 1 John 1:8-10

## **Experience of Confession**

#### Psalm 32:3-5

- Overcoming Denial
- Inner Conflict

#### Psalm 51:1-12

- It is About God
- Sin is Deep
- God is Right

## **Results of Confession**

#### Psalm 32 - Connection with God

- Guidance
- Kind of Relationship
- Joy

#### Psalm 51 – Helping Others

- Influence Others
- Praise

#### **Practical Concerns**

#### **Confession to God**

• It is about God

## **Confession to Others**

• Circle of Confession wide as Circle of Offense

#### **Trusted Confessor**

Breaking the Power of Shame

# **Lent - Prepare Our Hearts**

### **A Proposal for Lent**

Pray the Lord's Prayer several times each day.

Pray slowly, using the prayer as a model, as a list of themes to be included in your praying.

Be aware of the Beautiful Kingdom ...

Asking God to bring His good plan to fullness.

Be aware of how much is not the way it should be ... Facing it ... Praying about it.

Prepare Our Hearts by ...

- Confessing Our Sin
- Forgiving Others
- Struggling with Temptation
- Protection from Enemy

## The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.