

# Confession

Sunday, March 1, 2015

Psalm 32

## Confession

Mark 10:42–45

### A Spiritual Starting Point

Basic for Spiritual Health and Development

### Hard for Us!

Confess what? How bad is it?

- Comparing with others – Social Science Data
- List of Rules
- Christian Answer – Jesus and the Cross

A Sample ... Called to a Different Way

## Confess to God

Psalm 32:1–5

Confession – Acknowledging Truth

Confession – Overcoming Denial

Confession – Met by Mercy and Forgiveness

## Confess to One Another

### Healthy for us!

But with wisdom and boundaries

The ultimate guideline – love

### Some examples ...

James 5:16; Luke 17:3–5; Acts 19:18–19

## Small Groups for Lent

### One Another Small Groups

Starting our second cycle

Convenient door in and out

### Options

Form a group

Join a group

Multiply your group

# Confession

## Kicking off your Time Together

### Ice Breaker

Go around the circle, introduce yourselves, and share a time you had to face a hard truth.

### Opening Prayer

Have one or two open in prayer asking God to be present and to direct your time.

## What Did you Bring?

Did you bring anything to share to encourage the group? (consider 1 Cor 14:26 as the pattern for this part of the meeting)

## Read Some Passages about Confession

Have several people read these passages:

Psalm 32:1–5; James 5:16; Luke 17:3–5; Acts 19:18–19

## Discuss a few of these questions:

What strikes you about confession of sin as you hear these passages?

When do you think it is good to confess to other people as well as to God?

What are possible benefits and dangers of confessing sin to others?

Have you had any experience with confession that would be helpful for the group to hear?

## Pray for Each Other

In light of all that has been shared, pray for each other.

You may want to share specific requests.