

# Hard Hearts

Sunday, Jan 24, 2016

Hebrews 3

## Intro

Guard Your Heart

Proverbs 4:23

Don't Harden Your Heart

Heb 3:7-8

## Don't Harden

**Today** – Not a One Time Event; Ongoing

**Hear His Voice** – Personal Communication – Bible Plus

**Harden Your Heart** – Deliberate Resistance (Eph 4:17-19)

## Choice

### Warnings in Hebrews

Drift Away (2:1); Turn Away (3:12)

### Avoiding Two Extremes

Create Your Own Destiny; Everything is fixed

### Heart as Choice

C.S. Lewis on Moral Choice

## Do Fix

**Fix your thoughts on Jesus** (3:1)

Lots we cannot control

We can direct our thoughts

### Core Spiritual Practice

Meditation; Scripture; Prayer; Listening; Silence; Attentiveness

## Today

### Guard Our Hearts

Personal and Corporate Call

### Deeply Personal

Today if you hear his voice

### Community – One Another

Encourage one another daily (3:13)