

Gratitude

Sunday, October 8, 2017

Colossians 3:15-17

Colossians 3:1-17		
Behaviour	What	Outer Life
Facts	Why	
Formation	How	Inner Life

What is This?

Inner Life and Outer Life

Indirect Action – Hard to control behaviour!

Inner Life – formed, shaped, transformed

Practices

Peace, Listening, Guidance

Word, Fellowship, Worship

Everything matters

Thankfulness, Gratitude

A central part of this Formation

Gratitude Shapes Who You Are Becoming

Reflections on Gratitude

Gratitude – Contrasts ...

Fear, Complaining, Anger, Disappointment

Gratitude – Encourages ...

Hope, Trust

What I am NOT Saying!

Denial

Gratitude “in the middle of”

Inaction

Appropriate anger can lead to healthy action

But intrinsically dangerous!

Action from Hope and Trust

Colossians 3:1-17

Behaviour	What	Outer Life
<i>Three Lists</i> Put to Death (5) Put Off (8-9) Put On (12-14)	<i>Commands</i> Set Put You must	
Facts	Why	
You died (3) You were raised (1) Christ is your life (4) Taken off old (9) Put on new (10) Christ is all, in all (11) Chosen and loved (12) Forgiven (13)	<i>Connectors</i> Therefore Since For	
Formation	How	Inner Life
	<i>Passive Commands</i> Let	

Gratitude Exercise

Think of a challenging situation in your life ...

What are you thankful for in the middle of that situation ...